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Mucopirocin Nasal Irrigation

Use 1 inch of bactroban squeezed from tube plus a tsp of salt and 1/2 a tsp of baking soda dissolved in 600ml of warm water along. Flush this through the nose (100ml each side) twice daily for 3 weeks. Use as per saline douche sheet.

1. Flo or NeilMed Sinus rinse Bottles
2. Nose pipe

USES:

For staph aureus infection on the nose.

Dr Mark Courtney

ENT Surgeon