



Provider number: 2733814F (John Flynn)

Rooms: 07 56302600

Fax: 07 56010052

Provider number: 273381WL (Robina)

Provider number: 2733816B (Ballina)

Web: www.drmarkcourtney.com

PATIENT INFORMATION SHEET

Neck operations including

Cyst excisions or submandibular gland excision or parotidectomy

On the ward:- Post operatively you may begin to eat and drink as tolerated.

During the anaesthetic you will be given pain relief but this may begin to wear off, so please ask for more pain relief from the nursing staff if required.

At home:-The neck will feel swollen and bruised but will gradually improve over the first week, just move gently and don't perform any physical exercise for one week.

Pain is best treated with paracetamol or panadeine and/or celebrex.

The suture will either be internal and dissolvable or visible and require removal at one week post operation.

If there are any signs of infection, these could be redness, increasing swelling or pain with or without a fever please contact my rooms as antibiotics may be required.

Follow-up at Dr Courtney's rooms should be done one week after the operation, please ring and book this.

In the case of an emergency post operatively do the following that best fits the degree of urgency:-

1) Present to either John Flynn Hospital or Gold Coast Hospital or The Tweed Hospital emergency department where there is either myself or another ENT surgeon on call 24 hours a day 7 days a week.

or

2) Call my rooms, if during working hours 07 56302600.

or

3) Present to the closest emergency department where the problem can be stabilised, but there may not always be an ENT surgeon on call, and they may need to transfer to another hospital, once the doctor at the department has spoken to me.

or

4) Call an ambulance.